

Wednesday, 13th March—Term 1, Week 7

# Our Vision

With family, faith and friendship, we grow, share, and live as authors of our own learning.

# Our Values

Excellence Compassion Trust Courage Respect

# **Learning Power Project**







Like the Bush Bee, I can work with others and on my own to be successful.



Like the Eagle, I see what I need to do to achieve my goal and take responsibility.



Like the
Crocodile,
I can
overcome
challenges
and keep
going when
things get
tough.



Like the Dolphin, I am free to develop my own ideas and take risks.



Like the
Green Ant,
I use what I
know and
what others
know to
build
meaning.



Like the
Tata Lizard I
can become
a learning
detective,
searching
for answers
or clues to
my own or
others
questions.

# A Message from the Principal

Overcoming poverty is not a gesture of charity it is an act of justice.

Nelson Mandela

#### Caritas

From humble beginnings in 1897 Germany, Caritas, named after a Latin word meaning love and compassion, grew to become one of the world's largest humanitarian agencies. The Catholic Agency for Aid and Development, Caritas began in Australia in 1964. And many people, then and now, feel that supporting Caritas is a great way to reach out to people in need. This Lent, we encourage families to raise money to support Caritas and their work by continuing to place money in their Caritas Boxes.



### **School Board AGM**

Our School Board Annual General Meeting (AGM) is set for Monday, 8<sup>th</sup> April. If you are interested in being part of the School Board, please come and see me to find out more. Lorraine King, our current School Board Chair, is also someone you might like to talk to if you are interested in joining. Both of us will be at the School Disco this Friday evening.



# A Message from the Principal ...

### Reconciliation Action Plan (RAP)

This year, Holy Family Catholic Primary School will be putting together a group to develop our Reconciliation Action Plan. The following is from: <a href="https://www.reconciliation.org.au">https://www.reconciliation.org.au</a>
RAPs are a powerful tool for advancing reconciliation in Australia. By developing a RAP, your workplace will join a community of over 1,000 dedicated corporate, government, and civil society organisations that have formally committed to reconciliation through the RAP framework since 2006. RAPs provide a

will join a community of over 1,000 dedicated corporate, government, and civil society organisations that have formally committed to reconciliation through the RAP framework since 2006. RAPs provide a structured, nationally recognised, tried and tested model for workplaces to formalise commitments to reconciliation. RAPs help to foster a community of shared value, goals and a common language when it comes to reconciliation. Developing a RAP through Reconciliation Australia's endorsement process provides your workplace permission to use the nationally recognised RAP logo that demonstrates compliance with the RAP framework and standards.

Schools and early learning services can develop a RAP through Narragunnawali: Reconciliation in Schools and Early Learning.

Narragunnawali supports all schools and early learning services in Australia to foster a higher level of knowledge and pride in Aboriginal and Torres Strait Islander histories, cultures and contributions.

The <u>Narragunnawali platform</u> is free to access and hosts a wealth of learning and curriculum resources to support the development, implementation and management of RAPs in schools and early learning services.

If you would like to be part of this working group, please let Mr Luke Mayo (Aboriginal and Islander Education Worker) or myself know. Membership is for both Aboriginal and Torres Strait Islander and those who do not identify as being either. We hope to form our group this term and begin formalising our plan early in Term 2.

### Parent/Teacher/Student Interviews

Parent/Student/Teacher interviews will be Tuesday 19<sup>th</sup> and Wednesday 20<sup>th</sup> March. Following in the Newsletter is more information on how to book times with your teacher/teachers.

### **School Disco**

Just a reminder the school disco is this Friday, 15<sup>th</sup> March. We have begun practicing some dance moves at assemblies so we are ready to roll! Our P&F will be coordinating the event with a BBQ and drinks being available for families. The first song will be at 6.00pm and the disco will conclude at 8.00pm. We are looking forward to have DJ Sonix playing (performing!) at the disco.

#### **Bullying. No Way!**

This Friday, Room 9 will be presenting an assembly item that confronts bullying in schools. Our Pastoral Care Groups, led by our Year 6s, will also be conducting activities on how to stop bullying in schools. Below is a link to the national site and a good resource for us all when understanding and responding to bullying, especially in the digital world of today.

https://bullyingnoway.gov.au/YourRole/Pages/For-Parents-and-carers.aspx

God Bless Shane Donohue Principal



# Around the school...

Congratulations to Aimee Kent who won eight medals at the NT 2019 Swimming Championships on Sunday and she was selected to represent the NT at the 2019 School Sport Australian Swimming Championships in Melbourne in August.





Congratulations to our boys and girls team both coming first place in the Interschool Soccer Competition last Friday at Bagot Oval.













# Pastoral Care

As we enter the season of Lent we again start raising money for Caritas Australia who for the past 55 years, has worked together with our neighbours in Australia and around the world helping those most in need.

The theme for Project Compassion 2019 asks us to Give Lent 100% in the name of hope.

Our Year 5 and 6 students lead our Lenten Groups last Friday. We invite you as a family to share and answer these questions:

What does hope mean to you?

Where do you see hope?

How can you show others you are hopeful?

How can you give Lent 100% this year?

How might you show others you are giving 100% this Lent?

Feel free to share your answers with Miss Hannah on Class Dojo.

I look forward to hearing your ideas.













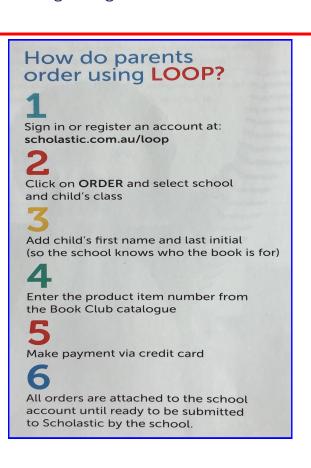
Food allergies are becoming increasingly common among children and this year there are students at Holy Family who have severe allergies to nuts, dairy products, eggs and other allergens. Any exposure to these items, even a tiny amount, could potentially be very serious and life threatening for these children.

We ask that our students and families help make the school environment safer for all students, by following these simple steps:

- Please avoid sending any foods that contain nuts, such as peanut butter or Nutella sandwiches and muesli bars that contain nuts, to school with your child.
- Please remind your child not to share their food or drinks with others.
- Please always contact classroom teachers before sending in any food for sharing with the class for special celebrations like birthdays.
- Please wash your child's hands and face thoroughly before they leave home, especially if your child has eaten nuts, dairy or eggs prior to coming to school.
- Please remind and often encourage your child to wash their hands before and after eating.

We greatly appreciate your support for children with food allergies. Together we can make a difference.

# **Book Club** Book Club brochures have been sent home and closes on 22nd March. Please note that all orders can only be made online using LOOP and we do not accept payment by Cash or Cheque. See instructions here





# **DATES TO REMEMBER**

15/03/2019	Assembly, 8:30am Bullying No Way, Prayer Liturgy, 10am – Rm 9 P&F Disco 6pm-8pm
19/03/2019 20/03/2019	Parent/Teacher/Student Interviews
22/03/2019	Assembly, 8:30am Harmony Day Prayer Liturgy, 10am
29/03/2019	Assembly, 8:30am Rm 6
3/04/2019	Sacrament of Reconciliation
5/04/2019	Assembly, 8:30



School Fee statements were sent out in the post at the end of last week. Please contact the office on 8927 6188 if you did not receive your statement or if you would like a personalised payment plan.



### **Dear Families**

It has been seven months since the new Child Care Subsidy started! It is a good time to check in on your family income estimate. Make sure it is up to date and reflects your and your partner's income for the whole financial year.

If your estimate is lower than your actual income, you may get a debt, which you will have to pay back. It is also a good time to check and update your activity test if your circumstances have changed.

The easiest way to update your family income estimate is by using your Centrelink online account through myGov, or the Express Plus Centrelink app.

While you are there, do not forget to make sure your and your partner's activity details are up to date too.

For more information, please visit <u>here</u>.

# HOMEWORK CENTRE CONTINUES EVERY MONDAY UNTIL WEEK 10





# Student Awards

Congratulations to the following students who received an award at Assembly last week.

Preschool No awards

Rm 15—TR Gregory Yengbie

Che - Karl Hampton Dylan Roddenby

Zoe Sugg

Rm 14—TR/1 Max Clark

Lily Cruse

Rm 13–1/2 Katerina Huddleston

Paige Taylor

Rm 12–2/3 Thomas Mellors

Zachary Trenfield

Aaron Sunny

Rm 11–3/4 Myiah Manias

Zena Manias

Helena Wedding

Rm 10–3/4 Keira Clark

Skye Tonna

Rm 9–3/4 Angel Maria Cyriac

Darwin Butsamalee

Rm 7–5/6 Daniel Liberato

Chase Motlop

Rm 6–5/6 No awards students at

soccer

Rm 5–5/6 Harlen Councillor

Angus Huddleston





# This week we wish the following students a Happy Birthday

Aliyah Duncan 10 March

Sienna Austin 15 March

Lily Hill-Corpus 15 March

George Johny 16 March

Eann Reyes 16 March

Adam Jobe Grace 17 March

# Week 5 Birthdays







Dear Parents.

Parent/Teacher/Student interviews will be held shortly.

Interviews are strictly 15 minutes and spaces are limited. If you require more time with a particular teacher, please arrange a separate meeting by telephoning the school on 8927 6188.

Go to www.schoolinterviews.com.au



enter the code W3set



Enter your details



Select the teachers you wish to see



Select the appointment times that suit your family best

When you click FINISH your selected bookings will be emailed to you immediately. If you not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling. Update your details if email address is incorrect.

DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR - reminders will not be sent home.

Bookings must be finalised by 18th March at 4pm

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your bookings
- OR return to <u>www.schoolinterviews.com.au</u> and enter the code and the email address you used when making your bookings.



# Parents & Friends





# Parents & Friends

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BBQ SALES

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7.30		7.30		7.30.	









Dear Parents and Caregivers,

At Holy Family Catholic Primary School we aim to create a safe and supportive school community for everyone.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

We are sending you a pocket card from Bullying. No Way! with tips on what to do if your child talks to you about bullying. Parents know their children best and know the best way to tailor communication to their needs. Adapt these tips to what works for you and your child.



- you about bullying:
- 1. Listen calmly and get the full story Reassure your child that they are not to blame.
- 3. Ask your child what they want to do about it and how you can help.
- Visit www.bullyingnoway.gov.au to find some strategies.
- 5. Contact the school
- 6. Check in regularly with your child.

#### If your child talks to you about bullying:

- 1. Listen calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
- 2. Reassure your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
- 3. Ask your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
- 4. Visit www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
- 5. Contact the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.
- 6. Check in regularly with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the Bullying. No Way! website for parents. As well, please feel free to contact the school if you would like to discuss any aspect of our approach to preventing bullying.

Thanks for your support to make Holy Family Catholic Primary School a great school for everyone.

Shane Donohue

www.bullyingnoway.gov.au



# eSafety advice for schools on Momo challenge

#### What is Momo?

Momo is a scary looking character that allegedly sets challenges for young people—through chat, videos or social media—asking them to do increasingly scary things, until it finally asks them to harm themselves and others.

Media reports have suggested Momo has been linked to "challenges" of self-harm by young people, and to death by suicide. There is no evidence this challenge exists, and this has been validated by the IT industry, academic and safety experts around the world.

The Momo image shown in media reports is a photo of an art sculpture. The sculpture does not have a program or challenge connected to it, and in fact the creator now claims the sculpture has been destroyed.

There are videos online showing people "taking the Momo challenge". These are scripted and staged, with acting and fake messages. They do look realistic and may scare young people and make them believe Momo is a real thing.

Images of Momo accompanied with a voice-over have also been reportedly spliced into existing video content, usually targeted at children. Images containing Momo may also be distributed along with other scary or threatening content to bully and harass young people.

# What should parents do to protect their children online

The Office encourages parents and carers to coview, co-play, ask questions about the games and apps their children are using, and let them know you are there to support them if they are upset or uncomfortable about anything they see online.

Five top tips to help limit your child's exposure to harmful content online:

- Engage in your child's online activities ask what apps, sites and games they're using and make sure they're age-appropriate.
- Use parental controls on devices to help limit what your child is exposed to.
- Let them know not everything they see online is real or true. In the case of "Momo videos" help them understand that people are making these to get more 'likes' because they get paid money for the 'likes' they get.
- Help them report and block upsetting content they see on social media sites or apps.
- Let them know they can come to you about anything upsetting they see online, and contact <u>Kids Helpline</u> or <u>Headspace</u> if they need further support.

# Advice and support

If a life is in danger call Triple Zero (000) right now.

Support, information and referrals for all ages, including worried family and friends:

- <u>Kids Helpline</u>. 1800 55 1800. Phone support is there all day, every day. Online support is open from 8am-midnight every day (AEST).
- Headspace and eHeadspace. 1800 650 890.
   Open 9am-1am daily (AEST).
- <u>Lifeline</u>. 13 11 14. Phone support all day, every day. Online support 7pm-4am daily (AEST).
- <u>Beyondblue</u>. 1300 22 4636. Phone support all day, every day. Online support 3pm-midnight every day.
- <u>Suicide Callback Service</u>. 1300 659 467. Phone support all day, every day, and follow-up calls.
- The family GP is a good starting point for anybody worried about their child's behaviour or health.



esafety.gov.au



# NAPLAN on paper – information for parents and carers



2019

# Why do students do NAPLAN?

The National Assessment Program – Literacy and Numeracy (NAPLAN) assesses literacy and numeracy skills that are essential for every child to progress through school and life.

Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy.

The assessment provides parents and schools with an understanding of how individual students are performing at the time of the tests. NAPLAN is just one aspect of a school's assessment and reporting process - it does not replace ongoing assessments made by teachers about student performance.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working and whether young Australians are meeting important educational outcomes in literacy and numeracy.

#### What is assessed?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum. All government and non-government education authorities have contributed to the development of NAPLAN materials.

See example NAPLAN questions at nap.edu.au

### How can I help my child prepare?

Help your child prepare by reassuring them that NAPLAN is just one part of their school program, and by reminding them on the day to simply try their best. Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

ACARA does not recommend excessive preparation for NAPLAN or the use of services by coaching providers. NAPLAN is about assessing learning progress in literacy and numeracy.

# Participation in NAPLAN

All students in Years 3, 5, 7 and 9 are expected to participate in the annual NAPLAN assessment.

Students with disability may qualify for adjustments that reflect the support normally provided for classroom assessments. You should first discuss the use of any disability adjustments for your child with your child's teacher.

A formal exemption may be granted for a student with disability that severely limits their capacity to participate in the assessment, or for a student who has recently arrived in Australia and has a non-English speaking background.

Your school principal and your local test administration authority can give you more information on special provisions or the process required to gain a formal exemption.

### Will my child sit NAPLAN on paper or online?

In 2019, your child will sit NAPLAN paper tests.

However, children in other schools across Australia will sit the NAPLAN online tests this year. Federal, state and territory education ministers have agreed that all schools will move online by 2020. State and territory education authorities will determine when their schools move online.

As students are assessed on the same literacy and numeracy curriculum content, regardless of whether they complete the test online or on paper, results for both formats can be reported on the same NAPLAN assessment scale. To find out more about NAPLAN Online, visit nap.edu.au









# What if my child is absent from school on assessment days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the testing week. Individual students are not permitted to sit tests after Friday 17 May 2019.

#### NAPLAN 2019 timetable

	Tuesday 14 May	Wednesday 15 May	Thursday 16 May
Year 3	language conventions 45 minutes writing 40 minutes	reading 45 minutes	numeracy 45 minutes
Year 5	language conventions 45 minutes writing 40 minutes	reading 50 minutes	numeracy 50 minutes
Year 7	language conventions 45 minutes writing 40 minutes	reading 65 minutes	numeracy 65 minutes
Year 9	language conventions 45 minutes writing 40 minutes	reading 85 minutes	numeracy 65 minutes

### How is my child's performance measured?

Individual student performance is shown on a national achievement scale for each test. A result at the national minimum standard indicates that the student has demonstrated the basic literacy and numeracy skills needed to participate fully in that year level.

A NAPLAN individual student report will be issued by your child's school later in the year. If you do not receive a report, you should contact your child's school.

#### How are NAPLAN results used?

- Students and parents may use individual results to discuss progress with teachers.
- Teachers use results to better identify students who would benefit from greater challenges or extra support.
- Schools use results to identify strengths and areas to improve in teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review programs and support offered to schools.
- The community can see average school NAPLAN results at myschool.edu.au

# Where can I get more information?

For more information about NAPLANI:

- contact your child's school
- contact your local test administration authority at nap.edu.au/TAA
- visit nap.edu.au

For information about how personal information for NAPLAN is handled by ACARA, please visit nap.edu.au/naplanprivacy









# Community Noticeboard





# RUGBY Under 12's Players wanted!

Kids needed, and beginners welcome to join in the fun.
Start NOW



Friendly, family environment, learn new skills, quality coaches. Sports vouchers accepted and free fitted mouthguard.



Contact Damien: 0400 968 330

Email: darwindragonsrugby@hotmail.com